

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>YWCA IS ON A MISSION</p> <p>YWCA San Gabriel Valley Senior Services Department 101 S. Barranca Avenue, Covina, CA 91724 Phone: 626-214-9456</p>		<p>1</p> <p>CHICKEN SOUP HOT TURKEY SANDWICH GREEN BEANS SPINACH SALAD</p>
<p>4</p> <p>VEG CHILI BROCCOLI MIXED SALAD GREENS PINEAPPLE & MANGO BREAD</p>	<p>5 Cinco De Mayo</p> <p>BEEF PICADO PINTO BEANS MIXED GREEN SALAD FRESH FRUIT MEXICAN BROWN RICE FLOUR TORTILLA FLAN</p>	<p>6</p> <p>TURKEY MILANESE ZUCCHINI CHOPPED MIXED SALAD BANANA</p>	<p>7</p> <p>SPLIT PEA SOUP SALMON WITH DILL SAUCE GREEN BEANS BEET SALAD ORANGE ROLL</p>	<p>8 Mothers Day</p> <p>HERB LEMON CHICKEN BAKED BUTTERNUT SQUASH ROMAIN SALAD FRUIT BROWN RICE PILAF</p>
<p>11</p> <p>MEDITERRANEAN CHICKEN SAUTEE SPINACH TOMATO & CUCUMBER SALAD KIWI OR ORANGE BARLEY WITH HERB</p>	<p>12</p> <p>MUSHROOM SOUP SPAGHETTI N' MEAT SAUCE GREEN BEANS BROCCOLI CHOPPED SALAD N' KALE PEAR</p>	<p>13</p> <p>BEEF FAJITA PINTO BEANS GREEN SALAD CANTALOUPE OR TANGERINE TORTILLA</p>	<p>14</p> <p>ROAST TURKEY BREAST BAKED YAM OR SWEET POTATO HERBED BRUSSEL SPROUTS PINEAPPLE N' MANGO CUP BREAD</p>	<p>15 Chefs Choice**</p> <p>CORN CHOWDER TUNA SALAD** OR BAKED FISH** HRBED POTATO SALAD CREAMY COLESLAW APPLESAUCE ROLL</p>
<p>18</p> <p>Korean BBQ Herb Zucchini Broccoli Salad Pineapple Herbed Brown Rice</p>	<p>19</p> <p>Garden Veg Soup Fish Vera Cruz Black Beans Creamy Coleslaw Banana Bread</p>	<p>20</p> <p>Tomato Basil Soup Chicken Dijon Green Beans Chopped Salad Peach or Pear Roll</p>	<p>21</p> <p>Stuffed Bell Pepper Green Peas Romaine Salad Orange or Tangerine Roll</p>	<p>22</p> <p>Vegetarian Paella Broccoli Spinach Salad Mango Brown Rice</p>
<p>25</p> <p>MEMORIAL DAY</p>	<p>26</p> <p>Meatloaf n Gravy Garlic Mashed Potatoes Brussels Sprouts Pineapple or Mango</p>	<p>27</p> <p>Veg Soup Turkey Veg Stir Fry Cabbage Salad Poashed Ginger Pear Lo Mein Noodle Bread</p>	<p>28</p> <p>Caribbean Chicken Red Beans Mesclun Salad Kiwi Brown Rice Pilaf</p>	<p>29</p> <p>Bolognese W/ Penne Pasta Herbed Zucchini Yellow Squash Caesar Salad Fruit Cup</p>

*** SUBJECT TO CHANGE WITHOUT NOTICE *** ALL ENTREES INCLUDE AN 8oz CARTON OF MILK ***

SUGGESTED DONATION OF 3\$

PLEASE ENJOY WITH CAUTION: MAY CONTAIN RESIDUAL FISH BONE.

ADMINISTERED BY YWCA SAN GABRIEL VALLEY AND FUNDED IN PART BY THE LOS ANGELES COUNTY AREA AGENCY ON AGING THROUGH THE OLDER AMERICANS ACT OF 1965 AS AMENDED.