

JULY 2026

MONDAYS, TUESDAYS, WEDNESDAYS, THURSDAYS & FRIDAYS @ 11:30AM



monday

tuesday

wednesday

thursday

friday

YWCA IS ON A MISSION

YWCA SAN GABRIEL VALLEY
 SENIOR SERVICES DEPARTMENT
 101 S. BARRANCA AVENUE,
 COVINA, CA 91724
 PHONE: 626-214-9456

ADMINISTERED BY YWCA
 SAN GABRIEL VALLEY AND
 FUNDED IN PART BY THE
 LOS ANGELES COUNTY
 AREA AGENCY ON AGING
 THROUGH THE OLDER
 AMERICANS ACT OF 1965 AS
 AMENDED.

1	2	3	4	5
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31



PLEASE ENJOY WITH CAUTION: MAY CONTAIN RESIDUAL FISH BONE. *** SUBJECT TO CHANGE WITHOUT NOTICE *** ALL ENTREES INCLUDE AN 8OZ CARTON OF MILK ***
 SUGGESTED DONATION OF 3\$