

TRACK AND FIELD
Occidental College, Los Angeles
May 31, 2025
TODD ZGORZELSKI, MEET
DIRECTOR

TRACK EVENTS

50 METER DASH

Women

50-54

1 Mary Lou Johnson 7.36

55-59

1 Lisa Jones 7.91
 2 Colleen Barney 7.97
 3 Lynn Larsen 8.34
 4 Maria De Rada 9.02

60-64

1 Julie Baker 8.04
 2 Jeanne Roy 8.10
 3 Karen Howell 8.31

65-69

1 Lisbeth Palmer 8.46
 2 Debby von Winckelmann 9.28
 3 Nicki Branch 9.36
 4 Mary Hall 10.05

70-74

1 Linda Cohn 9.02
 2 Patricia Winiecki 14.42

75-79

1 Brenda Steele Matthews 9.47

80-84

1 Sarah Sneider 12.78

85-89

1 Kathy Bergen 9.26

Men

50-54

1 Bryan Mu 7.09
 2 Hiroshi Kawamura 7.68
 3 Eric Romero 8.47

55-59

1 Chung Loh 7.33

2 Claudio Andrade 7.52

60-64

1 Adam Ross 7.65
 2 Stephen Chan 7.85
 3 Martin Hobbs 8.07
 4 David Privett 8.71
 5 Eric Lennstrom 8.86

65-69

1 Jeffery Davison 8.21
 2 Tim Pyle 8.24
 3 Mike Ritter 10.18
 4 Harry Pettibone 10.89

70-74

1 Ron Stevens 6.93
 2 Randall Stevens 7.42
 3 Noel Weiss 7.88
 4 Joseph Vivo 8.09
 5 David McLawhorn 8.11
 6 Ross Jones 8.82
 7 James Malin 8.95
 8 Cameron Birnie 8.99
 9 Mike Tipping 9.40
 10 Timothy Dick 9.89

75-79

1 Thaddeus Wilson 7.83
 2 Eugene Driver 8.02
 3 Daniel Ziskin 8.29
 4 George Wong 9.09
 5 Monte Gast 9.90
 6 Bruce Dybens 11.00

80-84

1 Ron Muranaka 10.39
 2 Jerome Goodall 21.77

85-89

1 Steve Ryan 13.62

90-94

1 Vern Yates 11.15
 2 Tellmadge Ford 14.00
 3 Donald Leis 14.71

100 METER DASH

Women

50-54

1 Elly Mann 13.90

2 Mary Lou Johnson 13.95

55-59

1 Colleen Barney 15.09
 2 Lisa Jones 15.11

60-64

1 Sue McDonald 14.25
 2 Jeanne Roy 15.18
 3 Julie Baker 15.55

65-69

1 Paula Clagon 16.44
 2 Nicki Branch 18.16
 3 Pamela Stevens 18.99
 4 Mary Hall 20.07

70-74

1 Patricia Winiecki 28.88

75-79

1 Freddie Braxton 23.45

80-84

1 Sarah Sneider 26.44

85-89

1 Kathy Bergen 18.63

Men

50-54

1 Hiroshi Kawamura 14.73
 2 Eric Romero 16.85

55-59

1 Randy Boba 12.53
 2 Chung Loh 14.22

60-64

1 Gary McCullouch 13.53
 2 Adam Ross 14.17
 3 Lon Richardson 14.34
 4 Stephen Chan 14.98

65-69

1 Tim Pyle 15.68
 2 Jeffery Davison 15.84
 3 Leonard Loventhal 17.33

70-74

1 Ron Stevens 12.84
 2 Randall Stevens 14.36

3	Joseph Vivo	16.59
4	Ross Jones	16.91
4	Mark Robinson	16.91
6	Cameron Birnie	17.30
7	Noel Weiss	34.46

75-79

1	Eugene Driver	14.77
2	Thaddeus Wilson	14.84
3	Daniel Ziskin	16.15
4	Robert Croeni	19.32

80-84

1	Pedro Coggnetta	16.74
2	Ron Muranaka	21.37

85-89

1	Steve Ryan	26.32
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90-94

1	Vern Yates	21.58
2	Tellmadge Ford	31.82
3	Donald Leis	33.96

200 METER DASH

Women

50-54

1	Kristy Matthews	27.10
2	Elly Mann	28.11
3	Mary Lou Johnson	28.32

55-59

1	Lisa Jones	31.09
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60-64

1	Sue McDonald	29.01
2	Jeanne Roy	31.77

65-69

1	Susan Devens	33.97
2	Paula Clagon	34.48

70-74

1	Patricia Winiecki	1:00.47
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Men

50-54

1	Eric Romero	34.89
2	Shawn Cummins	35.29

55-59

1	Randy Boba	25.45
2	Sean Akiyama	29.32
3	BaoKim Coleman	30.25
4	Andy Park	33.59

60-64

1	Gary McCullouch	27.00
2	Adam Ross	29.38
3	Lon Richardson	29.96

65-69

1	Tim Pyle	33.03
2	Harold Holmes	34.01
3	Paul Jordan	34.78
4	Leonard Loventhal	36.37

70-74

1	Ron Stevens	27.66
2	Randall Stevens	32.11
3	Mark Robinson	34.49
4	Cameron Birnie	37.17
5	Partick Pittman	46.41

75-79

1	Eugene Driver	33.90
2	Daniel Ziskin	34.09
3	Robert Croeni	40.16

80-84

1	Fred Lindsley	34.00
2	Pedro Coggnetta	35.62
3	Henry Ares	54.95

85-89

1	Steve Ryan	1:09.51
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90-94

1	Vern Yates	51.68
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400 METER

Women

50-54

1	Elly Mann	1:06.36
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55-59

1	Lisa Jones	1:11.41
2	Christine Centeno	1:23.42

65-69

1	Susan Devens	1:22.33
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2	Paula Clagon	1:26.51
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70-74

1	Patricia Winiecki	2:17.82
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75-79

1	Freddie Braxton	1:56.13
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Men

50-54

1	Ryan Matulka	57.57
2	Oliver Fray	1:03.33
3	Eric Romero	1:27.09

55-59

1	Randy Boba	59.09
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60-64

1	Adam Ross	1:04.69
2	Anselmo Feliciano	1:14.24

65-69

1	Paul Jordan	1:26.53
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75-79

1	Robert Croeni	1:30.69
2	Michael Washington	1:32.05
3	Kenneth Winiecki	1:47.07

80-84

1	Fred Lindsley	1:17.66
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90-94

1	Vern Yates	2:07.77
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95-99

1	Gunnar Linde	3:04.24
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800 METER

Women

50-54

1	Kristy Matthews	2:22.31
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55-59

1	Elizabeth Guerrini	2:51.46
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75-79

1	Freddie Braxton	4:34.69
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Men

50-54

1	Nyron Bernard	2:19.12
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2	Fernando Mendoza	2:24.34
3	Steve Laguna	2:35.11
4	Shawn Cummins	2:44.73
5	Joseph Blackman	3:09.81

55-59

1	Guadalupe (Lou) Ramos	2:42.97
2	Andy Park	3:15.63

60-64

1	Adam Ross	2:43.74
2	Fuerte Ambrose	2:57.11
3	William Ek	3:13.85

65-69

1	Mark Holmes	3:37.71
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75-79

1	Ignacio Jimenez	3:13.66
2	Kenneth Winiecki	4:36.66

80-84

1	Fred Lindsley	3:10.24
2	Henry Ares	4:45.92

1500 METER

Women

55-59

1	Elizabeth Guerrini	5:41.70
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70-74

1	Therese Molina	8:32.70
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Men

50-54

1	Leonard Diaz	4:37.22
2	Fernando Mendoza	4:48.43
3	Nyron Bernard	5:11.24
4	Steve Laguna	5:22.93
5	Joseph Blackman	6:13.79

55-59

1	Jose Jacobo Gutierrez	5:49.78
1	Felix Cordeiro-Benson	5:53.96

60-64

1	Anselmo Feliciano	5:16.26
2	William Ek	7:13.37

65-69

1	Mark Cleary	6:23.79
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2	Mark Holmes	7:57.70
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70-74

1	Carl Stromberg	6:16.31
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75-79

1	Ignacio Jimenez	6:26.64
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5000 METER

Women

50-54

1	Blanca Sanchez	24:16.00
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65-69

1	Debbie Lee	24:41.06
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Men

50-54

1	Steve Laguna	19:57.12
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55-59

1	Felix Cordeiro-Benson	21:46.06
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65-69

1	Jeff Snyder	29:44.03
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70-74

1	Carl Stromberg	23:11.41
2	Perry Forrester	23:46.08
3	Alan Siddons	34:58.02

75-79

1	Jose Calderon	39:36.35
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85-89

1	John Merriam	46:36.54
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FIELD EVENTS

HIGH JUMP

Women

65-69

1	Debby von Winckelmann	1.20m
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70-74

1	Rita Hanscom	1.15m
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75-79

1	Annelies Steekelenberg	1.05m
1	LaTanya Glass	1.05m

85-89

1	Kathy Bergen	1.00m
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Men

50-54

1	Patrick Carter	1.45m
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60-64

1	Martin Hobbs	1.45m
2	Allen Eggman	1.30m
3	Art Morrow	1.10m

65-69

1	Kim Nielson	1.45m
2	Mahmoud Niroumand	1.35m
3	Harold Holmes	1.30m

70-74

1	Randall Stevens	1.40m
2	Don Weeks	1.30m
2	Jim Stevens	1.30m
4	Jason Meisler	1.25m

75-79

1	Charlie Rader	1.25m
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85-89

1	Steve Ryan	1.00m
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LONG JUMP

Women

60-64

1	Julie Baker	4.11m
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65-69

1	Debby von Winckelmann	3.17m
2	Nicki Branch	2.13m

70-74

1	Rita Hanscom	3.28m
2	Linda Cohn	2.94m

75-79

1	Brenda Steele Matthews	2.66m
2	LaTanya Glass	2.29m

80-84

1	Sarah Sneider	1.89m
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Men**55-59**

1	Chung Loh	4.63m
2	Dave Huber	3.91m
3	Claudio Andrade	3.89m

60-64

1	Martin Hobbs	3.91m
2	Art Morrow	2.87m

65-69

1	Mahmoud Niroumand	4.46m
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70-74

1	David McLawhorn	3.84m
2	Mike Tipping	3.61m
3	James Malin	3.50m

75-79

1	John Tomaschke	4.04m
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80-84

1	Ron Muranaka	3.62m
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85-89

1	Gerald Chase	1.27m
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90-94

1	Vern Yates	2.11m
2	Tellmadge Ford	1.30m
3	Donald Leis	1.17m

TRIPLE JUMP**Women****65-69**

1	Debby von Winckelmann	6.46m
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Men**55-59**

1	Dave Huber	7.01m
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65-69

1	Mahmoud Niroumand	9.96m
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70-74

1	Jim Stevens	8.14m
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75-79

1	John Tomaschke	8.39m
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85-89

1	Gerald Chase	3.50m
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90-94

1	Vern Yates	4.48m
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POLE VAULT**Women****55-59**

1	Lynn Larsen	2.30m
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70-74

1	Rita Hanscom	1.85m
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Men**65-69**

1	Mike Ritter	2.00m
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70-74

1	Ken St. Cyr	2.60m
2	Adrian Schroeder	2.15m

75-79

1	Thierry Boucquey	2.30m
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SOFTBALL THROW**Women****50-54**

1	Trista Beard	16.35m
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55-59

1	Lisa Jones	45.28m
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65-69

1	Debby von Winckelmann	34.39m
2	Susan Devens	30.70m

75-79

1	Brenda Steele Matthews	19.50m
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Men**50-54**

1	Patrick Carter	46.40m
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60-64

1	Lewis Watson	53.08m
2	David Privett	50.46m

65-69

1	Jerry Mazza	59.48m
2	Mahmoud Niroumand	42.92m
3	Harry Pettibone	39.62m

70-74

1	David Perrin	49.22m
2	David McLawhorn	44.90m
3	Jason Meisler	41.17m
4	Timothy Dick	36.22m

75-79

1	Richard Markota	41.96m
2	Steve Clute	18.18m

80-84

1	James Kholos	22.40m
1	Robert Rutledge	21.43m

85-89

1	Lawrence Duncan	21.69m
2	Gerald Chase	12.09m

DISCUS THROW**Women****55-59**

1	Rosalie Kirkbride	16.00m
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60-64

1	Suzette Lee	17.84m
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65-69

1	Nikki Branch	13.59m
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70-74

1	Linda Cohn	19.06m
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75-79

1	Janet Broneer	16.77m
2	Annelies Steekelenburg	14.50m

85-89

1	Kathy Bergen	13.61m
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Men**50-54**

1	Patrick Carter	31.05m
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55-59

1	Paul Goldstein	23.86m
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60-64

1	Paul Starkey	44.40m
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2 David Privett 27.04m

65-69

1 Mahmoud Niroumand 27.92m
2 Jerry Mazza 21.20m

70-74

1 Edward Tafoya 34.91m
2 David Perrin 29.87m
3 James Malin 27.03m
4 David McLawhorn 26.02m
5 Mike Tipping 24.37m

75-79

1 Richard Markota 23.07m
2 Monte Gast 19.50m
3 G A Ben Binninger 18.45m

80-84

1 William Harvey 29.19m
2 Stan Whitley 26.50m
3 Robert Rutledge 15.74m

85-89

1 Tom Katsis 18.32m
2 Steve Ryan 13.88m
3 Gerald Chase 12.72m

90-94

1 Alan Rosen 19.96m
2 Robert Smith 11.83m

JAVELIN THROW

Women

55-59

1 Lynn Larsen 15.59m

60-64

1 Shannon Nembach 32.28m
2 Suzette Lee 19.56m

65-69

1 Debby von Winckelmann 20.63m

70-74

1 Linda Cohn 23.57m
2 Tina Bowman 19.17m

Men

50-54

1 Patrick Carter 26.33m

55-59

1 Paul Goldstein 39.02m
2 Dave Huber 22.92m
3 Claudio Andrade 22.19m

60-64

1 Jason Twedt 45.65m
2 David Privett 33.31m
3 Lewis Watson 29.12m
4 Stephen Chan 28.43m

65-69

1 Michael Shea 38.98m
2 Mahmoud Niroumand 35.92m
3 Jerry Mazza 29.89m
4 James Barry 29.15m

70-74

1 Edward Tafoya 36.59m
2 David Perrin 33.38m
3 David McLawhorn 27.94m
4 Mike Tipping 26.09m

75-79

1 Richard Markota 25.96m
2 Monte Gast 24.27m
3 Ron Rook 22.92m
4 Paul Lawson 12.34m

85-89

1 Tom Katsis 20.69m

SHOT PUT

Women

60-64

1 Shannon Nembach 9.73m
2 Veronica Amarasekara 8.72m
3 Suzette Lee 8.35m

70-74

1 Eleanor Evans 6.67m

75-79

1 LaTanya Glass 9.14m
2 Janet Broneer 7.76m

Men

50-54

1 Patrick Carter 10.10m

55-59

1 Michael Leonesio 9.11m
2 Paul Goldstein 8.24m

60-64

1 Paul Starkey 12.53m
2 David Privett 8.94m

65-69

1 Harold Holmes 7.91m

70-74

1 Edward Tafoya 12.45m
2 James Malin 11.81m
3 David Perrin 10.17m
4 David McLawhorn 9.90m

80-84

1 William Harvey 11.97m
2 Stan Whitley 11.73m
3 Robert Rutledge 8.93m
4 James Kholos 8.20m

85-89

1 Tom Katsis 7.79m
2 Gerald Chase 5.30m

90-94

1 Robert Smith 6.45m
2 Alan Rosen 5.94m
3 Don Leis 3.82m