

PASADENA SENIOR GAMES



HOSTED BY

Pasadena Senior Center



Cycling 2022

California State Qualifier for 2023
National Senior Games



Competition Schedule

Check-in opens 30 minutes prior to event start.

Tuesday, June 21

9:00 a.m. - 5k Time Trial and 40K Road Race

Wednesday, June 22

9:00 a.m. - 10K Time Trial and 20K Road Race

Venue

El Dorado East Regional Park, Area III
7550 E Spring Street.,
Long Beach, CA 90815

\$5 Daily parking fee, payable at gate

Registration

Cycling fee is \$18/event plus one-time \$35
Athlete Registration fee.

Deadline to register for Cycling is June 12.
Late Registrations not accepted.

Information and Registration:

www.PasadenaSeniorCenter.org/activities-events/Senior-Games, call (626) 685-6755,
or email Sports@PasadenaSeniorCenter.org

Competition Details

USCF rules as modified by NSGA govern the tournament and are available at www.nsga.com. Please read them carefully.

- Course: 1.8 mile oval with 1 slight rise; closed course; pavement: good to fair
- Starting Order:
Time Trials - Youngest to oldest, men, then women, at intervals of 1 minute
Road Races - Mass start by age division and gender, with combinations when needed
- Helmets are mandatory and must conform to USA cycling rules
- Multi-gear (free-wheel) bicycles with front and rear brakes are required. Fixed gear bicycles are not allowed. Time Trial bicycles and bicycles equipped with aero bars are not permitted in the Road Race events. There may be no protective shield or faring of any kind.
- Fully Automatic Chip Timing

SAN DIEGO
Senior Games

In conjunction with the
San Diego Senior Games

 Pasadena
Senior
center

85 East Holly Street Pasadena, CA 91103

Pasadena Senior Games
is a member of:

