

# PASADENA SENIOR GAMES 2025

HOSTED BY



65  
Years  
GETTING BETTER  
WITH AGE

ROAD RACE

## Competition Schedule

Race Director: Andrew Hecker

Check-in opens 30 minutes prior to start time.

### Sunday, June 29

8:00 a.m. — Races Begin

5K & 10K Run

5K & 10K Race Walk \*

5K & 10K Power Walk \*\*

\* Register for this event under "Race Walk"

\*\* Register for this event under "Power Walk"

## Competition Details

NSGA Rules govern the race and are available at [www.nsga.com](http://www.nsga.com). Please read them carefully.

- USATF Sanctioned Meet

### REGISTRATION

Road Race fee is \$10 per event, plus one-time  
\$45 Athlete Registration fee.

Deadline to register for Road Race is **June 24**.  
Late registration not accepted.

### VENUE

Rose Bowl Loop,  
Parking Lot B  
920 Rosemont Ave.  
Pasadena, CA 91103

## #AGEWELL

(626) 685-6755

@PasadenaSeniorGames

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🌐 [www.PasadenaSeniorCenter.org/Senior-Games](http://www.PasadenaSeniorCenter.org/Senior-Games)

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