

PASADENA SENIOR GAMES 2026

HOSTED BY



California State Qualifier for
2027 National Senior Games

Competition Schedule

Meet Director: Nicole Cienega

Sunday, May 31

8:00 a.m. — Warm-Up

9:00 a.m. — Competition Begins

Note: Order of swim is posted at

www.pasadenaseniorcenter.org/senior-game-sports/512-swimming

Competition Details

USMS Rules will govern the Advanced Division of the meet. Recognized by the Southern Pacific Masters Swimming for USMS, Inc. Times in the Advanced Division will be submitted to the Top Ten Recorder. There is a limit of 5 events for the Advanced Division and 6 for the Novice. All swimsuits must conform to USMS Rule 102.12.

Meet Procedures

- All Divisions will swim SCY.
- The 100 IM will be swum SCY in the Novice Division. Masters swimmers may enter the Novice Division if they do not duplicate events.

- Novice events are for swimmers with minimum competitive experience.
- Non-USMS swimmers may enter the Advanced Division.
- Submitted times: All events will be seeded for men and women, slow to fast, by entry time. If you do not have a previous result time, please estimate.
- Automatic timing and USMS Officials will be provided.

REGISTRATION

Swimming fee is \$10/event, plus one-time \$45 Athlete Registration Fee. Deadline to register for Swimming is May 19.
Late registration not accepted.

VENUE

Rose Bowl Aquatics Center
360 N Arroyo Blvd.
Pasadena, CA 91103
Outdoor Olympic heated pool with lanes open for warm-up/cool-down during meet. Locker room facilities are available. Please bring your own lock.

#AGEWELL

(626) 685-6755

@PasadenaSeniorGames

www.PasadenaSeniorCenter.org/Senior-Games

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A 501(c)(3) Nonprofit Organization

Pasadena Senior Games Swimming
Sunday, May 31, 2026
Rose Bowl Aquatic Center
Pool opens at 8:00 a.m. Meet starts at 9:00 a.m.

Advanced Division (Session #1) 9:00 a.m.

1. 400Y IM
2. 50Y Freestyle
3. 200Y Backstroke
4. 100Y Breaststroke

10 minute break

5. 50Y Butterfly
6. 200Y Breaststroke
7. 100Y Backstroke
8. 200Y Butterfly

10 minute break

9. 50Y Backstroke
10. 200Y IM
11. 100Y Freestyle
12. 50Y Breaststroke

10 minute break

13. 200Y Freestyle
14. 100Y Butterfly
15. 100Y IM
16. 500Y Freestyle

Novice Division (Session #2)

Session starts at conclusion of Advanced Events (approximately 11:00 a.m.)

1. 25Y Freestyle
2. 50Y Butterfly
3. 25Y Backstroke
4. 50Y Freestyle
5. 25Y Breaststroke
6. 50Y Backstroke
7. 50Y Breaststroke
8. 25Y Butterfly
9. 100Y IM